



The Breeze

January 2025



Editor's Message: Bayshore Thrives Because of Its Members

First things first: a HUGE thank you to Pam Sturgeon for her work as the recently past Breeze editor. She put her time and effort into it, and I, as well as I think all of us here in Bayshore, appreciated her work.

Let's talk volunteers: Bayshore, as a whole, is made up of members who care about our community. Its member volunteers contribute so much in helping Bayshore thrive and progress. First and foremost, there are Bayshore's Board of Directors and Committees. The BOD has eight volunteer members currently; the committees and task forces have 15+ other volunteers. Together, they all provide their work and expertise completely for free. Bayshore would not be able to operate without these Board and committee volunteers.

There are other member volunteer groups that, although not officially part of Bayshore, contribute greatly to our community. For example, because of the Artisans Group, Bayshore now has a backyard patio and an installed playset in Mackey Park.

The Artisans also host the 5k Walk/Run every Spring and the pancake breakfast and Holiday Bazaar in the Fall/Winter. They donate all earned income back to Bayshore to help with upgrades and projects.

There also are the Weed Whackers who helped clean up the "front yard" of the clubhouse and created Lakeside Park at Bayshore's entrance. There now is the Mobi-Mat team that will keep the Mobi-Mats, once they are installed, free of sand and debris.

Reflecting on all of these members, this quote sums up for me the importance and effects of our volunteers: "Volunteers don't get paid, not because they're worthless, but because they're priceless" (Sherry Anderson). Consider becoming a volunteer for Bayshore. And when you meet current Bayshore volunteers, please let them know how much you appreciate their time and efforts.

Kenn Apel

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President's Corner



This is the year my to-do lists get done. I resolve to not waste 14 checks writing the wrong date before finally coming to grips with the new calendar. Old friendships will be renewed. I will have patience and cherish my time with my parents/spouse/child. Bayshore's Board of Directors will get everything done on-time and under budget. I will show restraint and keep those not-so-nice thoughts in my head rather than blurting them out in public.

It is looking to be a year of change. New governments. New board members. New projects. A daughter off to college. We empty nesters finally get to move to our beach home!

With change comes growing pains. Not all of you will like the color of the siding, the shape of the windows, the Mobi-Mats, or take-your-pick of any of the countless other projects and improvements that are done in the best interest of the greater good. I have heard from countless dozens of members this Fall. Most are kind and supportive. Some firmly disagree and point out the errors in the BOD's plans or actions in a polite way. The sparse few are just plain rude. I will leave it to you to imagine what the corresponding Venn diagram might look like.

Please continue to give us your feedback in the politest ways possible. Board members' opinions of what is in Bayshore's best interest could be skewed. But with ~1027 members and nearly as many opinions, we are not likely to agree on everything. Please remember that while you may take a given result/action personally, the board and other volunteers are doing what we believe is best and any action we take probably wasn't meant to offend. Let's try to compartmentalize emotions, politics, and other issues and focus on the bigger pictures. Give us all the feedback in the world but do it as nicely as possible!

Most importantly, thanks to online banking and automatic bill-pay I can guarantee I will keep at least one of my resolutions this year!

New Beginning Tai Chi Class

If you are looking to improve your mental and physical health, then you might want to consider joining our new beginning Tai Chi class. In a nutshell, Tai Chi is continuous, slow, soft and circular movements in a flowing form. According to research, when practiced regularly, Tai Chi can:

- decrease stress, anxiety and depression,
- improve executive cognitive function which is used in multitasking, making decisions, and managing time,
- improve flexibility, balance, coordination, and agility,
- improve muscle strength and definition,
- promote better sleep,
- strengthen the immune system, and
- help with pain management in those who suffer from conditions such as fibromyalgia, osteoarthritis, rheumatoid arthritis, and tension headaches.

This new free class will meet every Wednesday from 10:30-11:30 upstairs in the clubhouse. The first class will be on January 15, 2025. Class will consist of a 10-15 minute warm up and 45-50 minutes of Yang style Tai Chi form practice.

No special clothes or shoes are needed. Please feel free to share this information with friends inside and outside Bayshore who might be interested. If you have any questions, please email me, Lynda Apel, at lapel127@gmail.com.



Board Director Highlight

If you've read recent Breeze issues (see previous page!) or Board meeting minutes, you already know who Josh Hanselman is: Board President. However, there is a lot to this president that you likely don't know. Let's dig a bit deeper into his history, his time here in Bayshore, and his likes (of course, top of that is his best friend and wife: Megan Hanselman).

Basic facts: Josh is an Oregonian born and raised (in Portland). He currently is a second-generation firefighter. In the past, Josh has ridden his bicycle as far as 204 miles in a day and done triathlons and one Half-Ironman. Josh and Megan met at the University of Oregon and have been together for over 30 years. He and Megan are proud parents to Izzy, who soon will be heading off to college. Josh and Megan have been Bayshore members for 2.5 years. Josh really likes the community spirit here in Bayshore as well as its beach (especially when it is not crowded).

Fun facts: Josh is a home improvement guy; he loves it and hates it. Nothing is off-limits. He pretty much has worked on all aspects of their house here in Bayshore. Importantly, he has used those same skills for the Newberg Habitat for Humanity. Serving as a build site supervisor, he was responsible for several homes built in that community.



Josh is actually an admitted geek. He used to collect comic books and loves Marvel movies. In high school, he trained and flew birds of prey in shows at the Oregon Zoo. He is happiest when he is surfing, paddle boarding, kayaking, or walking on the beach (basically, anything to do with water!). In fact, he likes any kind of human-powered hobby.

As I think you will agree, Josh is a man of many talents and skills. He states that he finds comfort in the present and how his choices, even his mistakes, brought him to who and where he is today. Jokingly, when asked about the three words to best describe him, he said: "Stink. Stank. Stunk." I think he was close, but a bit off. Instead, it seems the better words to describe him are: Thinks. Thanks. Slam Dunk. Josh, we appreciate all you do for Bayshore.



Compliments of Karin Couch



Compliments of Lynda Apel



The Nature of Bayshore: Bayshore's Beach Grass

Though Oregon is known for growing grass, here in Bayshore when we talk about grass, we are usually referring to our beach grass. Oddly, in my quest to learn more about the grass grown here, I never saw any mention of smoking or ingesting it. 😊 I did, however, learn about its history, characteristics, advantages, and disadvantages.

In the beginning, long before Bayshore, there was no beach grass on the Oregon coast. Then, in the early 1900's, two types of beach grass were introduced to help stabilize the menacing

shifting sand: European Beach grass and American beach grass. According to the Forest Service, more than 80% of all sand dunes in the area were covered by beach grass and other plant species within 50 years. Here, in Bayshore, according to Ranger Doug, we have predominately European grass with some American grass.

Basically, beach grass is a leafy, stiff, perennial grass that grows in rugged clumps and is capable of growing up to 4 feet tall. It has long, narrow leaves that may roll or fold in hot or dry conditions. Beach grass spreads by underground stems called rhizomes, which can grow up to 10 feet per year, allowing for fast colonization. These clumps can capture sand and build dunes at rates of up to 3 feet per year. Beach grass can tolerate being buried by sand and will send up new shoots from the rhizomes. Beach grass is prone to wildfires and can be a class C weed that pushes out native plants.

Since both types of beach grass share very similar characteristics, telling them apart can be a bit of a challenge. European grass has thin leaves, a long, pointy ligule (narrow strap-shaped part of a plant), and creates stable, taller dunes. It is dominant from Central Oregon through California. American grass has broader leaves, a short, flat ligule, and creates low rolling dunes. It is dominant from Northern Oregon through Washington.



The upside of our beach grass is that it is beautiful and helps stabilize the dunes and diminish shifting, blowing sand. However, as with many invasive non-native species, there is usually a downside to consider, which is the ecological cost to the native flora and fauna. These grasses have displaced native plants and animals, including pink sand verbena and the endangered western snowy plover.

Though we usually try to get rid of non-native invasive vegetation here in Bayshore, when it comes to beach grass on land controlled by the Oregon State Parks and Recreation, you need to first obtain a permit from them. According to Ranger Doug, the members who live on the west side of Oceania, near the dunes, only have control of (can cut down) grasses that are approximately within 10ft of their house. Even though the map shows that their tax lot goes out to the mean high tide line, they only have control of the 10 ft west of their house (or less, depending on where the house is situated on the lot). No one can cut down or mow grasses that are on or west of the statutory vegetation line (10 ft or less from back of house). Hopefully, those who live on the west side of Oceania are aware of this information, but it never hurts to be reminded.

Beach grass is a big part of Bayshore, especially for those who live close to the dunes. If we were to survey our community, I think we would find we have a love-hate relationship with it. Some of us love the way it looks and the way it helps stabilize the dunes and minimize the shifting blowing sands.

Others of us may not be so fond of it because it obstructs our view, invades our yards, and has a negative effect on the natural flora and fauna. Regardless of which side of the dune you stand on, it is still a good idea to be well informed about the grass grown in Bayshore. -- Lynda Apel

- visittheoregoncoast.com
- oregonshores.org
- oregonstate.ed
- britannica.com
- Ranger Doug Sestrich, Oregon Parks & Recreation Dept.

<i>Ammophila breviligulata</i> American marram grass (AKA American beachgrass)	<i>Ammophila arenaria</i> European marram grass (AKA European beachgrass)
	
Identifying characters: <ul style="list-style-type: none"> •Stems more spread out •Leaves wider •Ligule very short and flat (~2mm) 	Identifying characters: <ul style="list-style-type: none"> •Stems tightly clumped •Leaves rolled •Ligule long, pointy (~20mm)
Range: Dominant from northern OR into WA	Range: Present in WA, OR, CA but dominant from central OR to southern CA

Committee Volunteer Highlight

Jeff Moorhead volunteers on the Planning Committee, not an easy or quick commitment. He is a relatively new Bayshore member; he and his wife Karen moved here just two years ago. If you've been to a recent Board meeting or social event, you likely know him by sight. This guy is TALL (6'6" to be exact). Fittingly, Jeff likes lighthouses. Read to the end of this article to discover why.

Jeff grew up in Southern Oregon. He met Karen in 1985 when they worked at the same organization. Within a year, they were married and had moved to Portland for Karen to pursue her Masters. The two ended up staying there for the next 37 years. The couple has two grown daughters and one granddaughter. For Jeff, moving back to the coast after retirement and being able to hear the ocean every day was like coming home.

Jeff was an electrical engineer. However, that doesn't really do justice to what Jeff is: a jack of all trades. Give Jeff a tool and a problem (appliances, computers, cars, plumbing, electrical.... you get the idea), and he will have it fixed in no time.

When Jeff is not fixing something, he is enjoying music, watching old TV shows and movies, playing video games, and writing humorous narrative stories, short fiction stories, poems, and the like. He also keeps up his math and science knowledge, so get him on your trivia team!



When I asked Jeff asked about one of his favorite places, he listed Simpson's Reef Outlook on the Southern Oregon Coast. It was there where, one night at 2:00am, he played his guitar to the sea lions. There was no wind and the full moon was out as he sat on the hood of his rusty Maverick and played for over an hour. He said it felt like he was the last person on earth.

Finally: the lighthouses. Jeff has a fondness for lighthouses (you can see some around their house). Why? This is where you witness the sensitive side of this guy. Jeff is fond of lighthouses because he and Karen shared their first kiss at the Coquille River Lighthouse, near Bandon, Oregon.

Jeff, thanks for your volunteer work for Bayshore. Even though many of us almost break our necks when we look at you, we definitely look up to you as a giving Bayshore member.

A Word a Day...

Acnestis: The part of the back (or backbone) between the shoulder blades and the loins which an animal cannot reach to scratch. (Oxford English Dictionary)



Compliments of Karin Couch



New Member Flashlight

Jeff and Stacie Clark moved to Bayshore on Thanksgiving Day, 2023. Jeff and Stacie are originally from Southern California but, as a 41-year member of the Air Force, he and Stacie have lived all over the world: Colorado, California, Utah, England, Turkey, and Okinawa. Jeff also has deployed to the Faroe Islands, Kuwait, Qatar, and Afghanistan twice. He and Stacie live here in Bayshore with their oldest son, who is a disabled veteran, their youngest son, and their beloved Yuki, an English Cream Golden Retriever. They absolutely love the quietness of the community. Welcome to Bayshore, Clark family!



Compliments of Bernie Williams



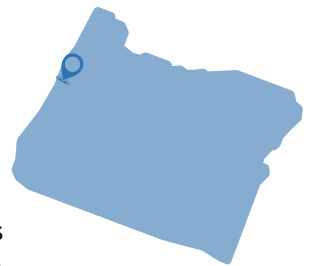
Gardening Tips?

One potential recurring Breeze section is a Q&A about gardening here in Bayshore. Bayshore members could ask questions such as what plants may grow best in our area, the best tools for the home gardener, and what types of pests and fungi might you watch for on your plants. If this seems like a desirable feature in the Breeze, please contact me with ideas/questions at bayshorebreezeeeditor@gmail.com and I will see whether we can make that section happen.

What do you call a scuba diving cow? A “moo-rine” biologist! 🐮🤿

That’s My Oregon!

The Tater Tot was invented in Oregon by two brothers, Nephi and Golden Grigg, the founders of Ore-Ida. Oregon also is the home of the corn dog. It has the world's first riding mechanical corn dog.



Ongoing Social Event

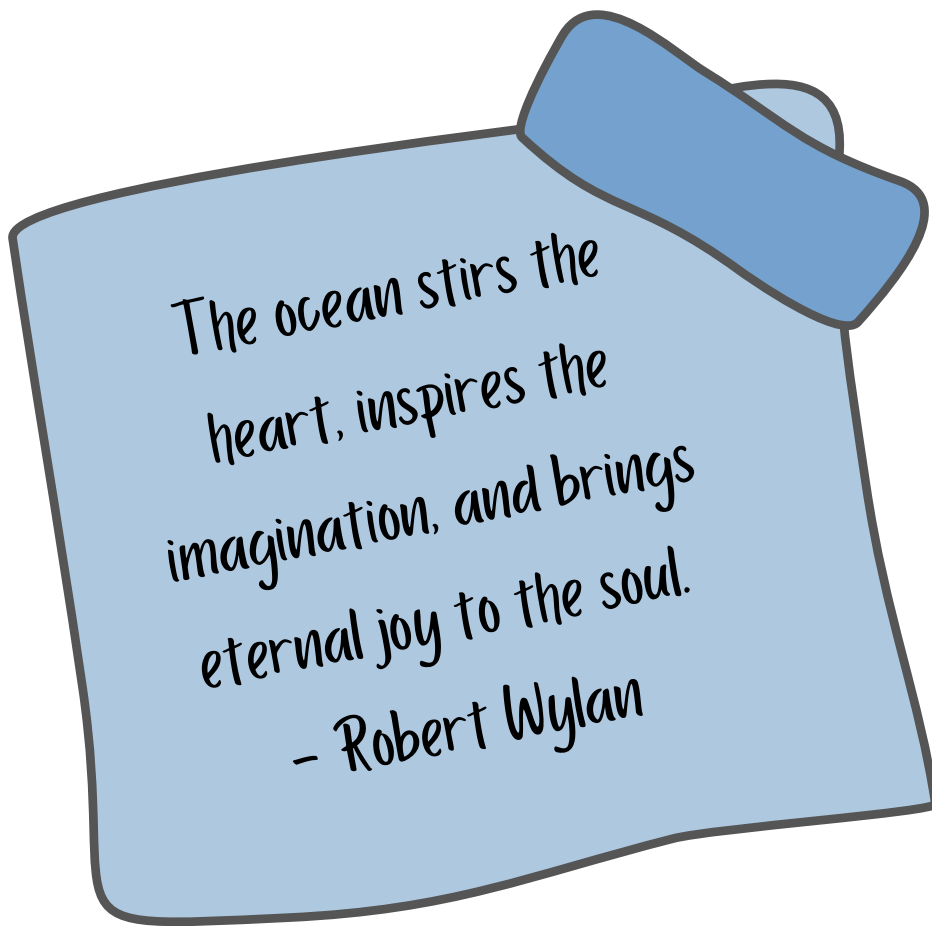
Bayshore’s Social Committee hosts **First Friday Happy Hours**. When? Why, every first Friday of the month, starting at 5pm in the clubhouse! These events have become a real hit. They are a perfect time to meet current friends and establish new friends. Members simply bring a drink for themselves (alcoholic or non-alcoholic) and then a snack to share with others. So, come join your fellow members and have a fun time!



Compliments of Terry Wellington

Dues Task Force

The Dues Task Force was developed to obtain a solid understanding of the history of Bayshore's dues and to determine how and whether current dues contribute to the operating budget, planned and unplanned jobs, and our reserves. The Dues Task Force has presented twice at a Board meeting. The presentations, including videos, can be found [here](#).



A Few Points To Remember

- The Bayshore Breeze is the official publication of the Bayshore Beach Club Board of Directors.
- The Breeze is emailed to Bayshore property owners, with hard copies available at the Bayshore office.
- The Breeze welcomes letters to the editor, but submission of a letter is not a guarantee that it will be printed. The Breeze will not print letters that are personal attacks on an individual or group or include knowingly false information. Letters may be edited for length and are limited to 250 words. Anonymous letters are not accepted. Letters can be emailed to: bayshorebreezeditor@gmail.com



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